



# **MAYO COLLEGE, AJMER**

MC/PR/SOP/SA-2016

18 Jan 16

## **SOP : SPORTS AWARDS**

(Updated on Oct 15)

1. **Introduction.** The Mayo Sports Awards are presented annually to deserving students who have attained outstanding sporting achievements and contributed significantly towards Sports at Mayo College. This SOP is laid down for awarding sports awards.

2. **Aims of Awards.**

- (a) To recognize excellence and achievements in Sports skills amongst students.
- (b) Inspire students to follow sports ethics and sportsmanship.

3. **Types of Awards.**

- (a) Sports Colours.
- (b) Sports Scholarship.
- (c) Principal's Medal for Excellence in Sports.
- (d) Best All Rounder Sportsman's Award.
- (e) Individual Sport Awards.

4. **Selection Panel.** The selection panel will comprise the Principal, Chairman Games Council, Director Sports/ Coordinator Sports and Sports Supervisors. The decision of the selection panel shall be final and all selection proceeding will be confidential.

5. **Types of Colours.** There will be three types of colours awarded as under:-

S No	Type	Class	Age
1	Half Colours	VII & VIII	Under 14
2	Middle Colours	IX & X	Under 17
3	Senior Colours	XI & XII	Under 19

6. **Criteria for Sports Colours.** The guidelines for Mayo College Sports Colours presented to the students are as follows:-

(a) **Captain's Colours.** The Captain who in the judgment of the Sports Committee best meets the following criteria:-

- (i) A Captain who has consistently performed at a high level of performance.
- (ii) Demonstrates leadership qualities and excellent team spirit.
- (iii) Is the most valuable player of the team.
- (iv) Consistently shows a positive attitude and enthusiastic approach.
- (v) Has excellent attendance at training and is always correctly attired.
- (vi) Shows respect for coach, referee and his team mates.

(b) **Qualifying Standards.**

(i) **Athletics.**

S. No	Events	Seniors		Middles		Oman	
		Record Time	Colors Time	Record Time	Colors Time	Record Time	Colors Time
1	100 M	11.50 Sec	12.00 Sec	11.51 Sec	12.30 Sec	12.95 Sec.	13.00 Sec.
2	200 M	23.22 Sec	24.00 Sec	23.91 Sec	24.30 Sec	27.07 Sec	27.30 Sec
3	400 M	53.22 Sec	54.00 Sec	54.34 Sec	55.00 Sec	1:02.35 Sec	1:02.35 Sec
4	800 M	2:02.09 Sec	2:02.09 Sec	2:15.26 Sec	2:16.00 Sec	2:34.79 Sec	2:34.79 Sec
5	1500 M	4:30.37 Sec	4:30.37 Sec	4:43:63 Sec	4:43:63 Sec	5:31:97 Sec	5:31:97 Sec
6	3000 M	10:02.66s Sec	10:02.66 Sec	10:22.13 Sec	10:22.13 Sec	---	---
7	5000 M	16:54.10sec	17:00.00sec	---	---	---	---
8	110 M Hurdles	17.00 Sec	17.00 Sec	18.35 Sec	18.35 Sec	---	---
9	400 M Hurdles	1:02.66s	1:02.66s	1:03.06 Sec	1:04.00 Sec	---	---
10	Broad Jump	6.31 m	6.20 m	5.97 M	5.30 M	5.07 M	5.00 M
11	High Jump	1.84 mt	1.84 mt	1.64 M	1.64 M	1.46 M	1.46 M
12	Triple Jump	13.47 m	13.00 m	12.16 M )	12.16 M	---	---
13	Discuss Throw	(2 Kg) – 30.80M	(2 Kg) – 30.80M	(1.5 Kg) – 30.10 M	(1.5 Kg) – 30.10 M	---	---
14	Javelin Throw	46.25 m.	45.00 m.	43.04 M	40.00 M	---	---
15	Shot Put	(16 Pds) – 9.73m	(16 Pds) – 9.73m	(12 Pds) – 12.40 M	(12 Pds) – 12.40 M	---	---
16	4 X 100m Relay	46.8 Sec	46.8 Sec	50.43 Sec	50.43 Sec	56.03 Sec	56.03 Sec
17	4 X 200m Relay	---	---	---	---	2:01.06m	2:01.06m
18	4 X 400m Relay	3:57.28 Sec	3:57.28 Sec	4:01.17 Sec	4:01.17 Sec	---	---

(ii) **Cross Country.**

(aa) **Timing.** Runners completing the run within the time stipulated below will be awarded the Cross Country Colours:-

S No	Type	Class	Age	Timing
1	Half Colours	VII & VIII	Under 14	14 min or less
2	Middle Colours	IX & X	Under 17	22 min or less
3	Senior Colours	XI & XII	Under 19	38 min or less

(ab) Has excellent attendance at training and is always correctly attired.

(ac) Shows respect for coach, referee and his team mates.

(iii) **Golf.**

(aa) **Handicap.** The boys should have the following handicap to be eligible:-

S No	Type	Class	Age	Handicap
1	Half Colours	VII & VIII	Under 14	20 and Below
2	Middle Colours	IX & X	Under 17	15 and Below
3	Senior Colours	XI & XII	Under 19	10 and Below

(ab) Has excellent attendance at training and is always correctly attired.

(ac) Shows respect for coach, referee and his team mates.

(iv) **Chess.**

(aa) The boy who wins two game out of three against the computer at 400 level on the software design by Chadwick School, USA.

(ab) Has excellent attendance at training and is always correctly attired.

(ac) Shows respect for coach, referee and his team mates.

(v) **Swimming.**

S. No	Events	Seniors		Middles		Oman		
		Record Time	Colors Time	Record Time	Colors Time	Events	Record Time	Colors Time
1	50 FS	0:28.25 Sec	0:30 Sec	0:28.30 Sec	0:31 Sec	50 FS	0:33.89 Sec	0:36 Sec
2	100FS	1:02.00 Sec	1:09 Sec	1:07.03 Sec	1:12 Sec	100FS	1:16.12 Sec	1:20 Sec
3	200 FS	2:19.50 Sec	2:40 Sec	2:34.61 Sec	2:45 Sec	50 Back	0:38.62 Sec	0:41 Sec
4	400 FS	4:53.80 Sec	5:40 Sec	5:36.49 Sec	6:00 Sec	50 Breast	0:41.75 Sec	0:44 Sec
5	1500 FS	20:08.00 Sec	24:00 Sec	22:41.31 Sec	25:00 Sec	50 B'fly	0:39.85 Sec	0:43 Sec
6	50 Back	0:35.68 Sec	0:37 Sec	0:35.60 Sec	0:39 Sec	100 IM	1:25.38 Sec	1:30 Sec
7	100 Back	1:16.00 Sec	1:26 Sec	1:21.37 Sec	1:31 Sec	Diving	91.85 pts	80 pts

8	50 Breast	0:38.56 Sec	0:38 Sec	0:37.71 Sec	0:40 Sec	4x50 Med.Rel	3:13.38 Sec	3:13.38 Sec
9	100 Breast	1:20.60 Sec	1:28 Sec	1:18.59 Sec	1:33 Sec	4x50 Free.Rel	2:46.62 Sec	2:46.62 Sec
10	50 B'fly	0:32.57 Sec	0:36 Sec	0:31.09 Sec	0:38 Sec	--	--	--
11	100 B'fly	1:13.01 Sec	1:24 Sec	1:10.53 Sec	1:30 Sec	--	--	--
12	200 IM	2:46.50 Sec	3:05 Sec	2:41.12 Sec	3:12 Sec	--	--	--
13	Diving	204.84 pts	180 pts	189.20 pts	160 pts	--	--	--
14	4x50 Med.Rel	2:28.93 Sec	2:28.93 Sec	2:33.95 Sec	2:33.95 Sec	--	--	--
15	4x50 Free.Rel	2:10.34 Sec	2:10.34 Sec	2:13.57 Sec	2:13.57 Sec	--	--	--

(vi) **Sports Colours for Team Games.** The player who in the judgment of Sports Committee best meets the following criteria:-

- (aa) The vital member of the team who has played exceptionally well and helped in securing a position in the National/International/State/IPSC/CBSE Nationals. However Air Rifle Shooting will not be considered in this.
- (ab) Consistently performs/gives a high level of performance.
- (ac) Is the most valuable player of the team and has excellent team spirit.
- (ad) Consistently shows a positive attitude and enthusiastic approach.
- (ae) Has excellent attendance at training and is always correctly attired.
- (af) Shows respect for the coach, referee and his team mates.
- (ag) Gets selected for the National Camp for India.
- (ah) Breaks an old record of Mayo (in Athletics & Swimming).

(vii) **Sports Colours for Individual Games.** The player who in the judgment of Sports Committee best meets the following criteria:-

- (aa) Has played exceptionally well and secured a position in the International/ National /State/IPSC/CBSE Nationals / Jr Nationals / DHS / Tournaments organised by IPA.
- (ab) Consistently performs/gives a high level of performance.
- (ac) Is the most valuable player of the team and has excellent team spirit.
- (ad) Consistently shows a positive attitude and enthusiastic approach.
- (ae) Has excellent attendance at training and is always correctly attired.
- (af) Shows respect for the coach, referee and his team mates.
- (ag) Gets selected for the National Camp for India.
- (ah) Breaks an old record of Mayo (in Athletics & Swimming).

7. **Types of Scholarship.** There will be three types of Scholarship awarded as under:-

S No	Scholarship Amount	General Criteria
1	3000/-	Securing position at Nationals.
2	2000/-	Securing position at IPSC/State/CBSE Nationals.
3	1000/-	Securing position at District/Inter School.

**Note.** Amount will be revised from time to time.

8. **Criteria for Sports Scholarship.** The guideline for Mayo College Sports Scholarship to be awarded is as follows:-

(a) **Individual Games.** (Table Tennis, Swimming, Squash, Boxing, Gymnastics, Chess, Golf, Air Rifle Shooting, Body Building and Athletics).

(i) **Scholarship of ₹ 3000/-**

- Secures a position in the National or International level.
- Gets selected for the National Camp to represent India.

(ii) **Scholarship of ₹ 2000/-**

- Secures a position in the National Endurance/IPSC/CBSE Nationals.
- Secures a position in the state level tournament and is further selected for the State to participate at the National level.
- Secures a position in DHS (In Tent Pegging, Show Jumping and Dressage).

(iii) **Scholarship of ₹ 1000/-**

- Secures a position in District and CBSE Zonal tournaments in Individual games.
- Gets selected for the All India Safari/secures a position in the Invitational tournaments.
- Any special achievements/performance in the inter school competition.

(b) **Team Games.** (Cricket, Hockey, Football and Basketball).

(i) **Scholarship of ₹ 3000/-**

- Star player of the team who helps the team secure a position in the National level or International level.
- Gets selected for the National Camp to represent India.

(ii) **Scholarship of ₹ 2000/-**

- Star player of the team who helps the team secure a position in the State/IPSC/ CBSE Nationals.
- Player of the team who gets selected for the National Tournament.

(iii) **Scholarship of ₹ 1000/-**

- Star player of the team who helps the team win in District or CBSE Zonal.

**9. Principal's Medal for Excellence in Sports.** This award is presented to a student who has performed exceptionally in sporting endeavor outside the school and who meets most of the following criteria:-

- (a) Secures a position in National or International level.
- (b) Performs at an exceptionally high level in his chosen sport.
- (c) Proves to be ambassador for the sport.
- (d) Displays outstanding level of sportsmanship.
- (e) Exhibits personal commitment to training and individual skill development.

**10. Best All Rounder Sportsman Award.** This award is presented to a student who displays as excellence in sport demonstrating the following qualities:-

- (a) Representing the school in a range of sporting activities.
- (b) Exemplary participation in various competitions.
- (c) Qualities of leadership and sportsmanship.
- (d) Securing position in a range of sporting activities.

**11. Individual Sports Awards.** This award is presented to those students who have led in their respective sport and who meet most the following criteria:-

- (a) Secured position at the highest standard in their chosen sports.
- (b) Proved to be an ambassador for the school and the sport.
- (c) Displays outstanding level of sportsmanship.
- (d) Exhibits personal commitment to training and individual skill development.

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**Lt Gen SH Kulkarni (Retd)**  
**Director**