

		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Configuration		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning Milk	Milk / Tea	Milk / Tea	Milk / Tea	Milk / Tea	Milk / Tea	Milk / Tea	Milk / Tea	Milk / Tea
Hot Milk (4 to 6) & Tea (7 - 12)	Biscuits	Biscuits	Biscuits	Biscuits	Biscuits / Cookies	Biscuits	Biscuits	Biscuits
Breakfast	Milk / Tea	Hot Milk & Tea	Hot Milk & Tea	Hot Milk & Tea	Hot Milk & Tea	Hot Milk & Tea	Hot Milk & Tea	Sunday Brunch Menu 1 & 3
	Cereals	Muesli	Chocos	Corn Flakes	Wheat Flakes	Muesli	Chocos	
	Bread	Toast Bread	Toast Bread - Brown Bread	Toast Bread	Toast Bread	Toast Bread	Toast Bread - Brown Bread	
	Spread 1	Butter	Butter	Butter	Butter	Butter	Butter	
	Spread 2	Peanut Butter	Mixed Fruit Jam	Honey	Pineapple Jam	Peanut Butter	Mixed Fruit Jam	
	Fruits	Seasonal Fruits	Seasonal Fruits	Seasonal Fruits	Seasonal Fruits	Seasonal Fruits	Seasonal Fruits	
	Bfast 1	Suji ka Halwa	Kadi Kachori	Veg Croquettes	Tomato Upma	Medu Vada	Curried Vegetable Cutlet	
	Bfast 2	Poori	Mint & Tamarind Chutney	Carrot Uttapam	Bread Rolls	Idli	Tomato Ketchup	
	Accompaniment	Chole	Indori Poha (with pomegranate)	Peanut Chutney, Tomato Chutney, Ketchup	Coconut Mint Chutney	Sambar, Tomato Chutney, Coconut Chutney	Bhune Kaale Chane	
	Eggs	Punjabi Anda Bhurii		Cheese Omelette	Peri Peri Scrambled Egg	Masala Omelette	Akuri	
Mid Break	Snacks	Bhel Puri	Vada Pao	Masala Butter Corn	Aloo Matar Samosa	Roasted Peanut Chaat	Chocolate Muffins	
Lunch	Salad	Kachumber Salad	Laccha Pyaz	Papdi chaat	Laccha Pyaz	Tossed Salad	Macroni Salad with Pineapple	
	Non-veg	Murgh Lababdar	Lehsun ki Chutney	Butter Chicken	Chole	Mutton Kundan Kaliyan	Roghani Murgh	
	Paneer	Paneer Hara Pyaz	Jaipuri Aloo Pyaz Paneer ki Subzi	Matar Paneer	Aloo Bhindi	Paalak Paneer	Paneer Butter Masala	
	Veg 1	Subz Jalfarezi	Dahi Bhindi	Jeera Aloo	Masala Chilli	Subz Tawa Masala	Malai Pyaz	
	Dal	Dal Masoor Tadka	Rajsthani Dal	Amritsari Dal	Dahi Bhalla	Malka Masoor Dal Tadka	Dal Tadka	
	Rice	Steamed Rice	Gatte ka Pulao	Steamed Rice	Steamed Rice	Steamed Rice	Mewa Pulao	
	Indian Bread	Chapati	Chapati	Chapati	Kulcha	Chapati	Chapati	
	Curd Prep	Curd	Chaas			Raita	Curd	
	Dessert	Besan Ladoo	Churma	Ice Cream - Stick	Fruit Cream	Malpua	Ice Cream - Cone	
	Beverage	Plain Buttermilk	Nimbu Pani	Lassi	Jaljeera	Lemon Water	Jaljeera	
Fruit Break	Fruits	Seasonal Fruits	Seasonal Fruits	Seasonal Fruits	Seasonal Fruits	Seasonal Fruits	Seasonal Fruits	Seasonal Fruits
	Beverage	Iced Tea	Mango Tang	Kala khatta	Lemon Tang	Baadam Milk	Orange Tang	Aam Panna
Dinner	Salad	Green Salad	Corn Cucumber Salad	Green Salad		Green Salad	Laccha Onion	Green Salad
	Non-veg				Wok-Tossed Chilli Chicken			
	Veg 1	Malai Kofta Curry		Cabbage Matar	Gravy		Atta Maggi	Aloo Gobi
	Veg 2	Corn Palak	Baked Vegetables	Navratan Korma	Paneer Manchurian	Bhuna Aloo Paalak	Burger	Subz Kofta Curry
	Dal	Dal Makhani	Spaghetti Neapoliana	Dal Masoor Sabut	Veg Hakka Noodles	Dal Makhani	French Fries	Moong Dal Tadka
	Rice	Pulao	Mix Veg Pulao	Pulao	Garlic Fried Rice	Jeera Pulao	Peas Pulao	Masala Pulao
	Indian Bread	Chapati	Dal	Chapati	Steamed Rice, Dal Tadka	Chapati	Mix Dal Tadka	Chapati
	Dessert	Milk Cake	Hot Chocolate Pudding	Boondi Ladoo	Pineapple Pastry	Sago Jaggery Payasam	Fruit Cream	Chocolate Burfi
Night Milk	Milk	Milk	Milk	Hot Milk	Milk	Milk	Milk	Milk
	Snacks	Diet Mixture	Roasted Peas	Soya Stick	Bingo	Roasted Peanut	Oreo	Roasted Chana

Note -The menu may be revised based on the availability and quality of raw ingredients.

Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Milk / Tea	Milk / Tea	Milk / Tea	Milk / Tea	Milk / Tea	Milk / Tea	Milk / Tea
Biscuits	Biscuits	Biscuits	Biscuits	Biscuits	Biscuits	Biscuits
Hot Milk & Tea	Hot Milk & Tea	Hot Milk & Tea	Hot Milk & Tea	Hot Milk & Tea	Hot Milk & Tea	Sunday Brunch Menu 2 & 4
Corn Flakes	Wheat Flakes	Muesli	Nutella Sandwich	Chocos	Corn Flakes	
Toast Bread	Brown Bread	Toast Bread	Toast Bread	Toast Bread	Toast Bread	
Butter	Butter	Butter	Butter	Butter	Butter	
Honey	Pineapple Jam	Peanut Butter		Mixed Fruits Jam	Honey	
Seasonal Fruits	Seasonal Fruits	Seasonal Fruits	Seasonal Fruits	Seasonal Fruits	Seasonal Fruits	
Cheese Peas Cutlet	Vegetable Uttapam	Dhokla	Rava Upma	Veg Uttapam	Bread Pakoda with Mint Chutney	
Sauteed Vegetables	Samber, Chutney	Poha Jalebi	Aloo Bonda	Hash Brown Potatoes	Corn Idli	
Tomato Ketchup	Plain Cheese Sandwich with Tomato Ketchup	Mint & Tamarind Chutney, Mint Chutney	Mint Chutney	Tomato Chutney, Coconut Mint Chutney	Sambar, Tomato Chutney	
Fried Eggs		Punjabi Anda Bhurji	Cheese Omelette	Peri Peri Scrambled Eggs	Masala Omelette	
Daabeli	Potato Wedges	Chole Papdi Chaat	Vegetable Chop	Bun Maska	Oats Muffin	
Kachumber Salad	Tossed Salad	Green Salad	Cucumber and Corn Salad with Olives	Laccha Pyaz	Potato and Peas Salad with Pineapple	
Achari Anda		Murgh Saagwala	Dahiwal Bhindi	Laal Maas	Murgh Khada Masala	
Kaju Makhana Curry	Amritsari Chole	Mix Vegetable Curry with Paneer	Paneer Chatpata	Achari Paneer	Tawa Subzi with Paneer	
Mushroom Matar	Fried Chilly	Lauki ke Kofte	Aloo Capsicum	Soya Matar	Aloo Tamatar	
Rajma Raseela	Aloo Chatpata	Arhar Dal Tadka	Hari Moong Dal Tadka	Malka Masoor Dal Tadka	Dal Tadka	
Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	
Chapati	Kulcha	Chapati	Chapati	Chapati	Chapati	
Dahi Vada	Curd	Jeera Raita		Curd	Raita	
Chocolate Barfi	Gulab Jamun	Ice Cream - Stick	Fruit Custard	Malpua	Ice Cream - Dolly	
Butter Milk	Lassi	Jaljeera	Nimbu Pani	Jaljeera	Lemon Water	
Seasonal Fruits	Seasonal Fruits	Seasonal Fruits	Seasonal Fruits	Seasonal Fruits	Seasonal Fruits	Seasonal Fruits
Nimbu Paani	Iced Tea	Mango Tang	Kala Khatta	Lemon Tang	Rooh Afza	Orange Tang
Tossed Salad	Green Salad	Aloo Kala Chana Chaat	Kung Pao Chicken	Green Salad	Green Salad	Green Salad
Pasta, Separate Sauce - Arrabbiata	Aloo Pyaz ki Subzi	Maggi		Aloo Corn Masala	Dum Aloo	Kadi Pakoda
Focaccia	Paalak Paneer	Pao	Gobi Manchurian	Subz Jalfarezi	Palak Kofta	Chole Paneer
Potato Wedges	Dal Tadka	Bhaji	Veg Hakka Noodles	Dal Moong Masoor	Maa Chole ki Dal	
Vegetable Pilaf	Navratan Pulao	Jeera Pulao	Sichuan Fried Rice	Kashmiri Pulao	Steamed Rice	Jeera Pulao
Balusahi	Chapati	Dal Makhani	Steamed Rice, Dal Tadka	Chapati	Chapati	Chapati
	Kalakand	Fruit Custard	Red Velvet Pastry	Semiya Paysam	Imarti	Moong Dal Halwa
Milk	Milk	Hot Milk	Cold Milk	Milk	Milk	Milk
Diet Mixture	Roasted Peas	Soya Stick	Bingo	Roasted Peanut	Suji Rusk	Roasted Chana